



SINECCH™

The Clinically Proven Arnica Post-Surgical Recovery Regimen

- Non-Toxic
- Proven Results
- Speeds Healing
- Safe and Effective
- Reduces Bruising and Swelling



SINECCH™ is a complete recovery regimen of homeopathic Arnica montana which speeds healing of tissue damaged from a major physical trauma such as surgery, dermal filler, or accident. Clinical research has shown that SINECCH™ patients have significantly less bruising and swelling than patients taking placebo, meaning a faster recovery from surgery. And, SINECCH™ is so safe for the treatment of trauma-induced bruising and swelling, it is available as an over-the-counter (OTC) medication.

SINECCH™'s encapsulated, combined dosage regimen makes it easy to take the right potency at the right time for maximum effectiveness and faster healing. Trust your recovery to SINECCH™ and Alpine Pharmaceuticals – the Arnica Experts!

Your path to recovery begins at www.alpinepharm.com

SINECCH™
CLINICALLY PROVEN TO **REDUCE**
BRUISING and **SWELLING** after surgery



A Product of **Alpine Pharmaceuticals**



Can you speed healing?

Yes! With Alpine Pharmaceuticals' SINECCH™!

Homeopathic Arnica:

Arnica montana, also known simply as "Arnica," is a plant that grows wild in the Swiss Alps. While the plant and herbal tincture can be toxic, the resulting homeopathic medication is not. Homeopathic medications are regulated by the FDA as OTC (over-the-counter) pharmaceuticals. Arnica has been used for centuries as an herb to reduce uncomfortable swelling and bruising and shorten the recovery period from physical traumas such as accidents or injuries. Now you can take a unique dose pack of homeopathic Arnica designed specifically for surgical patients.

Clinical Study Results:

- A **Safety and Efficacy Report** conducted in South Korea as a Post Marketing Survey of 650 patients found **NO adverse side effects** and 93% evaluated SINECCH™ very effective for reducing post-op bruising and swelling.
- A **Facelift Study** by the University of California, San Francisco, Medical Center proved that, compared to patients taking the SINECCH™ regimen, patients in the placebo group took 50% longer to recover from surgery and had 41% more bruising on follow-up day 7. SINECCH™ reduces the amount of visible bruising in patients the day after their procedure and even more dramatically one week later.
- A **Liposuction Study** also demonstrated significant reductions in bruising and swelling and a much faster recovery for patients taking SINECCH™.
- In a **Rhinoplasty Study** SINECCH™ compared favorably with steroids in statistically reducing swelling and did much better than steroids when it came to reduction of bruising. SINECCH™ is not a steroid or an NSAID and is non-toxic.

SINECCH™ will help you recover more rapidly and you will be ready to show off your wonderful surgical results. For more information on our clinical trials, please visit www.alpinepharm.com.

What Is the Difference between SINECCH™ and Other Kinds of Arnica?

The difference between SINECCH™ and other forms of Arnica is that, with SINECCH™, you can be assured of taking the optimal strength with the optimal dosing regimen for your surgical procedure. Homeopathic Arnica can be found in a variety of strengths in health food stores and on homeopathic websites. But our clinically proven dosing regimen has been shown to be an extremely effective form of Arnica for major surgery, due to the use of high strength Arnica in a set dosing regimen. Taking the correct dose of homeopathic medications is critical to achieving the desired results. Alpine Pharmaceuticals is the only homeopathic company that has demonstrated significant reduction of post-op swelling and bruising in 5 clinical trials after major surgery. SINECCH™ offers a complete, worry-free regimen in one package, making it even easier to take the right potency at the right time, maximizing your recovery from surgery. SINECCH™ is the clinically proven choice of patients and doctors alike.

How do I take SINECCH™?

You will begin with

- the pre-op dose 1-24 hours before surgery,
- a post-op dose after surgery,
- another high-potency dose at bedtime
- maintenance doses morning, afternoon, and evening for the next three days.

As you take the dose pack, your bruising and swelling will decrease, your discomfort will decrease and you will be on the road to recovery!

For multiple procedures within a four week period, take SINECCH™, or any other Arnica, only with the final procedure.

Where can I find it?

SINECCH™ is available through your doctor or our website www.alpinepharm.com.

Over time, our bodies heal, but time is a precious commodity. SINECCH™ has been proven to speed healing safely, allowing you to recover faster and enjoy your results!

Trust your recovery to the Arnica Experts!

SINECCH™ is Alpine Pharmaceuticals' clinically proven, safe and effective, oral homeopathic Arnica montana that is routinely used to reduce the swelling, bruising, and discomfort resulting from major surgery. In fact, since 1997, Alpine Pharmaceuticals, a division of Hahnemann Laboratories, Inc. an FDA certified pharmaceutical manufacturing facility, has distributed close to one million dose packs of our high potency, homeopathic Arnica montana.

Your doctor has specifically selected SINECCH™ for your pre- and post-surgical regimen in order to help speed healing and make your recovery more comfortable.

As you prepare for surgery you may have a number of questions about your recovery plan. Common questions may include: *What is homeopathic Arnica montana? Is SINECCH™ safe? Does it really work?*

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