

# Checklist for Antibiotic Prescribing in Dentistry



## Pretreatment

- Correctly diagnose an oral bacterial infection.
- Consider therapeutic management interventions, which may be sufficient to control a localized oral bacterial infection.
- Weigh potential benefits and risks (i.e., toxicity, allergy, adverse effects, *Clostridium difficile* infection) of antibiotics before prescribing.
- Prescribe antibiotics only for patients of record and only for bacterial infections you have been trained to treat. **Do not** prescribe antibiotics for oral viral infections, fungal infections, or ulcerations related to trauma or aphthae.
- Implement national antibiotic prophylaxis recommendations for the medical concerns for which guidelines exist (e.g., cardiac defects).
- Assess patients' medical history and conditions, pregnancy status, drug allergies, and potential for drug-drug interactions and adverse events, any of which may impact antibiotic selection.

## Prescribing

- Ensure evidence-based antibiotic references are readily available during patient visits. **Avoid** prescribing based on non-evidence-based historical practices, patient demand, convenience, or pressure from colleagues.
- Make and document the diagnosis, treatment steps, and rationale for antibiotic use (if prescribed) in the patient chart.
- Prescribe only when clinical signs and symptoms of a bacterial infection suggest systemic immune response, such as fever or malaise along with local oral swelling.
- Revise empiric antibiotic regimens on the basis of patient progress and, if needed, culture results.
- Use the most targeted (narrow-spectrum) antibiotic for the shortest duration possible (2-3 days after the clinical signs and symptoms subside) for otherwise healthy patients.
- Discuss antibiotic use and prescribing protocols with referring specialists.

## Patient Education

- Educate your patients to take antibiotics exactly as prescribed, take antibiotics prescribed only for them, and not to save antibiotics for future illness.

## Staff Education

- Ensure staff members are trained in order to improve the probability of patient adherence to antibiotic prescriptions.